



PRO
REAX LIFT

WELCOME TO REAXING



REAXING is a philosophy of life and an innovative training methodology based on a patented technology.

The innovation of this technology consists in delivering, during the motor gesture, sudden sensory impulses to force and/or encourage the user to react.

From this technology was born a line of exclusive products with greater effectiveness than normal equipment and which thus allows to accelerate the training results.



RESULTS AXELERATOR

REAXING PRODUCTS ARE THE REAL **RESULTS AXELERATOR**

Unlike any traditional product, they simultaneously and way more effectively activate the sensory and the neuro motor systems, with better physical, mental and metabolic results.

REAXING PRESENTS REAX LIFT



THE ONLY SOFT-SHOCK BARBELL THAT ALLOWS
SAFE TRAININGS WITH AN UNSTABLE LOAD.

The fluid inside the disc adds the unpredictability factor
to the load, making the training much more effective.



MAKE IT HEAVIER
OR MAKE IT SMARTER



REAX LIFT IS THE FIRST BARBELL IN THE WORLD THAT DESTABILIZES THE MOVEMENT PATTERNS AND INCREASES THE MOTOR RESPONSE. THIS FEATURE INVOLVES A WIDE RANGE OF MUSCLE FIBRES AS THE USER WHILE LIFTING NEEDS ALSO TO STABILIZE THE WEIGHT AT THE SAME TIME. THUS, THE USER WILL GET BETTER RESULTS USING LESS WEIGHT: AN EXCELLENT SOLUTION TO IMPROVE STRENGTH LOWERING THE JOINT STRESS.

FASTER RESULTS FOR USERS

- > INCREASE OF REACTION RATE AND COORDINATION
- > IMPROVEMENT OF PERFORMANCE AND MOTOR SKILLS
- > GREATER MUSCLE ENGAGEMENT AND DEFINITION
- > HIGHER CALORIES BURN AND METABOLIC ACTIVATION
- > BETTER INJURY RECOVER AND FUNCTIONAL RE-EDUCATION

BETTER RESULTS FOR PROFESSIONALS

- > PROFESSIONAL STANDING IMPROVEMENT
- > INCREASE THE CUSTOMERS ACQUISITION AND RETENTION
- > GREATER PROFIT MARGINS AND ADDITIONAL REVENUES
- > ADDED TRAINING VALUE TO A MULTIPLE CLIENTELE TARGET
- > EXCLUSIVITY AND INNOVATION OF THE SERVICES OFFERED



LIFTING AN UNSTABLE WEIGHT REQUIRES CONTINUOUS NEUROMUSCULAR ADAPTATION WITH HIGH PROPRIOCEPTIVE ACTIVATION.

A traditional disc is inert so it only responds to gravity. REAX LIFT has an unstable mass inside (water), which increases the dynamic movement during the lift. This type of stimulation increases the effort of the user in order to balance and control the weight. A double effort is required: overcoming the gravity and stabilizing the load.

VARIABLE STIMULI

FROM PREDICTABLE TO UNPREDICTABLE



REAX LIFT OFFERS NEW MOVEMENT PERSPECTIVES THANKS TO THE INTERFERENCES PRODUCED BY THE BALANCE.

An ordinary weight-lifting exercise requires a linear and constant effort. Using our elastic accessories the motor interference can increase up to very complex movements.

MULTIDIRECTIONAL OSCILLATIONS

FROM TRADITIONAL TO INNOVATIVE



SILENT, SOFT AND SAFE



THE LIFT DISCS SOLVE THE DANGEROUSNESS ISSUE OF THE TRADITIONAL DISCS.

THANKS TO THE PARTICULAR TECHNOLOGY THEY ARE MADE OF, THEY RESULT SILENT, SOFT AND SAFE.



> SILENT

> SOFT

> SAFE



LET THE REAX LIFT FALL! YOU WILL NOTICE THAT NOT LOUD NOISE OR VIBRATION WILL BE GENERATED. IT IS THE PERFECT SOLUTION FOR UPPER FLOORS USES.

THE SPECIAL ELASTIC POLYMER MAKES THE DISC NON-DEFORMABLE AND RESISTANT TO ALL THE CLASSIC STRESSES OF A BARBELL, AS LONG AS THEY ARE USED ON SMOOTH SURFACES.

IT DOES NOT DAMAGE SURFACES. THE SOFT STRUCTURE OF THE DISC AND THE LINING OF THE BARBELL MAKE THE REAX LIFT SAFER FOR USERS, PREVENTING THE RISK OF ACCIDENTAL INJURIES DERIVED BY HYPOTETICAL IMPACTS.

WHY IS IT SO

INNOVATIVE?

IT IS THE FIRST WEIGHT TRAINING SYSTEM THAT INTERACTS WITH THE USER DUE TO ITS UNSTABLE LOAD.

The weight lifting is commonly used in many training programs. Thanks to its innovative system, the Reax Lift can be used in both traditional and unconventional ways, improving the training efficiency.

UNSTABLE
CHALLENGING
SAFE

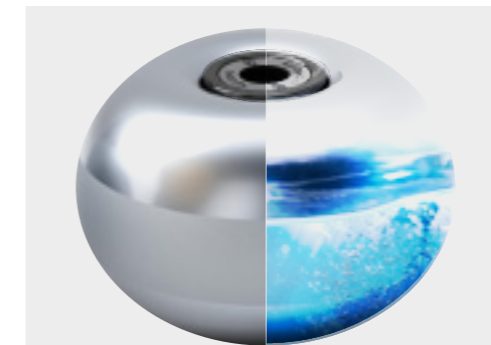


3X SYSTEM

REAX LIFT SYSTEM INCLUDES DISCS FILLED WITH DEMINERALIZED WATER, SPRINGS FOR HORIZONTAL OSCILLATIONS AND ELASTIC ACCESSORIES FOR VERTICAL, TRANSVERSAL AND REBOUND OSCILLATIONS.

WAVE IMPULSE FLUID INSIDE

The fluid contained in the Reax disc generates unpredictable wave impulses. The fluid moves in all directions destabilizing the tool. Compared to a traditional disc, using the same load, it is possible to notice a much higher neuromuscular commitment.



REBOUND MOVE BUNGEE TOOL

Reax Lift offers, using a bungee tool, an additional rebound effect that increases the difficulty level of the exercise.



SILENT-SOFT-SAFE ELASTIC STRUCTURE

The high resistance and elastic structure of the polymer make the Reax Disc durable and non-deformable providing also a silent, soft and safe use.



EXPLORING REAX LIFT SYSTEM



DISCOVER THE REAX LIFT,
THE WIDE RANGE OF TRAINING
AND THE STORAGE ACCESSORIES



WINNING FEATURES

THE UNSTABLE FLUID LOAD INVOLVES PROPRIOCEPTIVE ABILITIES WITHOUT COMPARISON:

- > Increases the overall strength level
- > Increases the load control ability
- > Better abilities in dealing with sudden external dynamic interferences
- > Increases core-strength
- > Improves the ability to maintain balance
- > Increases the capacity to deal with potential harmful events

THESE FEATURES ALLOW US TO BE EFFICIENT AND HIGH PERFORMING IN SPORT BUT FOREMOST IN EVERY DAY LIFE.



UNIQUE

Made in Europe and worldwide patent

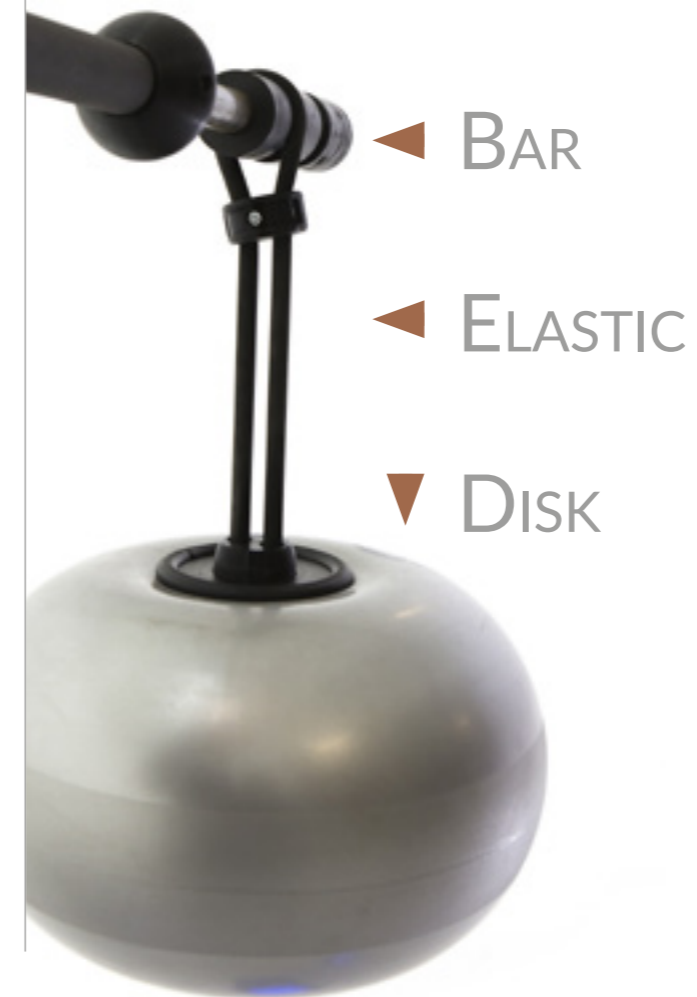
DURABLE

The technology used to create the Reax Fluilift ensures its durability, safety and ease of cleaning.

VERSATILE

Different weights and configurations allow the user to customize their training programs, improving any workout beyond the standard products.

REAX LIFT ALLOWS TO PERFORM ALL THE CLASSIC BARBELL EXERCISES WITH MANY VARIABLE ELEMENTS.



MULTIPLE CONFIGURATIONS

The REAX LIFT disc system can also be used on standard Olympic barbells and on any bar with a 50 mm diameter.



REAX RACK PRO1

RE 1041



LENGTH	CM IN	157,00 61,81
HEIGHT	CM IN	181,00 71,26
WIDTH	CM IN	249,00 98,03

REAX BENCH

RE 1042



LENGTH	CM IN	153,00 60,24
HEIGHT	CM IN	65,00 25,60
WIDTH	CM IN	150,00 59,06

REAX DISCS

- RE 1049 - 5 KG
- RE 1050 - 7,5 KG
- RE 1051 - 10 KG
- RE 1052 - 15 KG
- RE 1053 - 20 KG
- RE 1054 - 25 KG



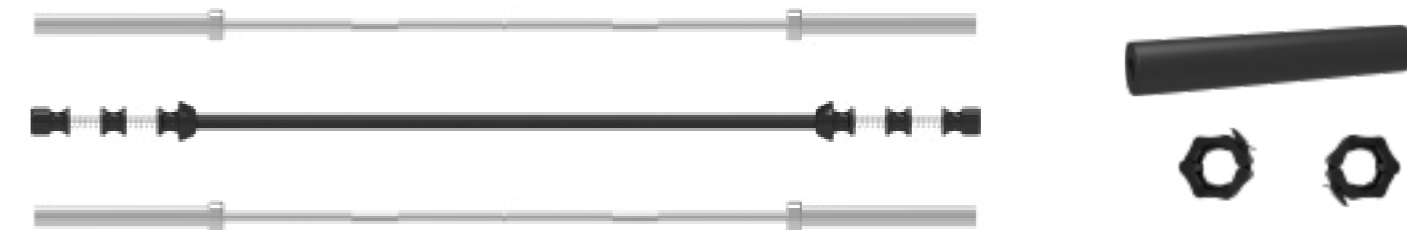
REAX BUNGEE

- RE 1055 FOR 5 KG
- RE 1056 FOR 7,5 KG
- RE 1057 FOR 10 KG



REAX BAR

- RE 1062 OLYMPIC BAR - 220
- RE 1058 REAX BAR - 200
- RE 1061 OLYMPIC BAR - 180
- RE 1069 BAR COLLARS
- RE 1068 CUSHION



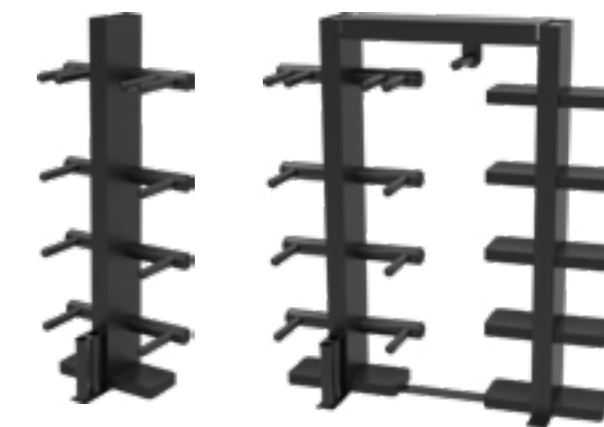
REAX RACK TOOLS

- RE 1070 REAX DISK HOLDER
- RE 1005 MOBILE PARALLELS



REAX STORAGE

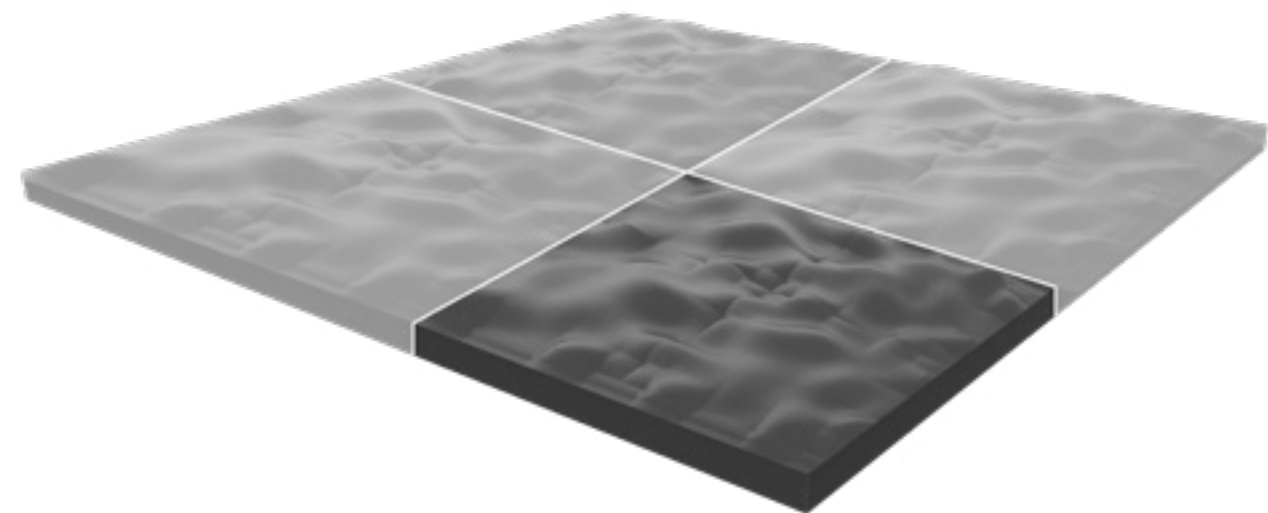
- RE 1059 VERTICAL STORAGE 1
- RE 1060 VERTICAL STORAGE 2



3D MAT

RE 1043

MODULAR PRODUCT



LENGTH	CM IN	100,00 39,37
HEIGHT	CM IN	6,00 2,36
WIDTH	CM IN	100,00 39,37

SOFT MAT 50 - 4 PACK

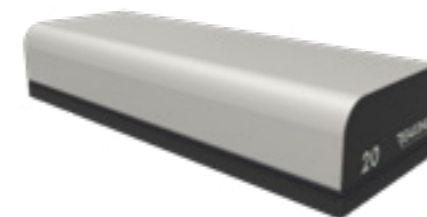
RE 1044



EACH PART		
LENGTH	CM IN	50,00 19,69
HEIGHT	CM IN	3,00 1,18
WIDTH	CM IN	100,00 39,37

STEP

RE 1047



LENGTH	CM IN	90,00 35,43
HEIGHT	CM IN	18,00 7,08
WIDTH	CM IN	35,00 13,77

SOFT MAT 200

RE 1045



LENGTH	CM IN	200,00 78,74
HEIGHT	CM IN	3,00 1,18
WIDTH	CM IN	100,00 39,37

PLYO BOX

RE 1048



LENGTH	CM IN	75,00 27,55
HEIGHT	CM IN	60,00 23,62
WIDTH	CM IN	50,00 19,68



CHOOSE YOUR

REAX LIFT SOLUTION

RE 5029	PRO1 PREMIUM
RE 5030	PRO2 PREMIUM
RE 5026	PRO1 KIT
RE 5027	PRO2 KIT

RE 5029

REAX LIFT

PRO1 PREMIUM

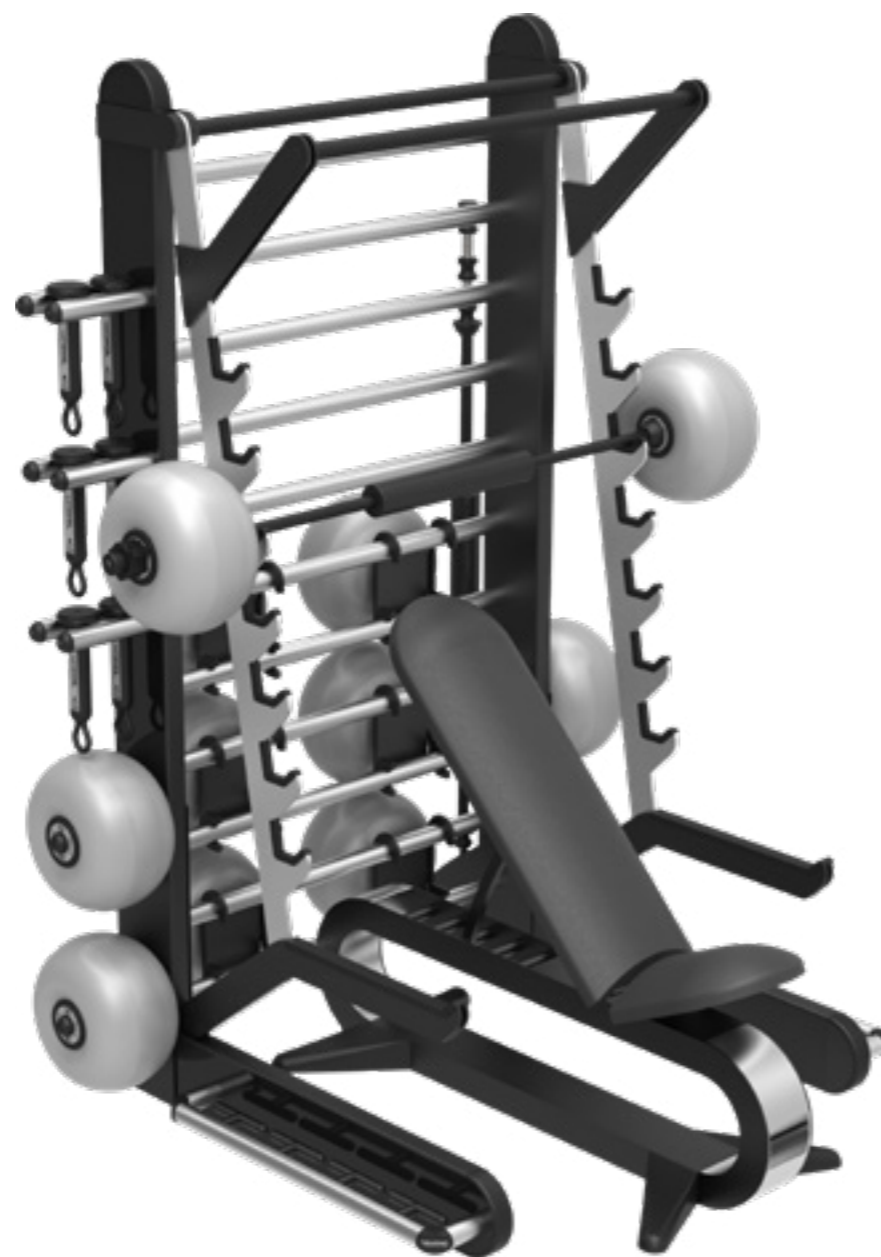
- 1 RE 1041
- 1 RE 1042
- 6 RE 1070
- 1 RE 1049
- 1 RE 1050
- 1 RE 1051
- 1 RE 1052
- 1 RE 1053
- 1 RE 1054
- 1 RE 1055
- 1 RE 1056
- 1 RE 1057
- 2 RE 1058

REAX RACK - PRO1
 REAX BENCH
 REAX DISK HOLDER
 LIFT DISCS - 5 KG
 LIFT DISCS - 7,5 KG
 LIFT DISCS - 10 KG
 LIFT DISCS - 15 KG
 LIFT DISCS - 20 KG
 LIFT DISCS - 25 KG
 BUNGEE FOR 5 KG
 BUNGEE FOR 7,5 KG
 BUNGEE FOR 10 KG
 REAX BAR 200

OPTIONAL

- RE 1068
- RE 1069
- RE 1061
- RE 1062
- RE 1005
- RE 1059
- RE 1060

CUSHION
 BAR COLLARS
 OLYMPIC BAR - 180
 OLYMPIC BAR - 220
 MOBILE PARALLELS
 VERTICAL STORAGE 1
 VERTICAL STORAGE 2



RE 5030

REAX LIFT

PRO2 PREMIUM

- 1 RE 1041
- 1 RE 1042
- 1 RE 1049
- 1 RE 1050
- 1 RE 1051
- 1 RE 1055
- 1 RE 1056
- 1 RE 1057
- 1 RE 1058

REAX RACK - PRO1
 REAX BENCH
 LIFT DISCS - 5 KG
 LIFT DISCS - 7,5 KG
 LIFT DISCS - 10 KG
 BUNGEE FOR 5 KG
 BUNGEE FOR 7,5 KG
 BUNGEE FOR 10 KG
 REAX BAR 200

OPTIONAL

- RE 1068
- RE 1069
- RE 1061
- RE 1062
- RE 1005
- RE 1059
- RE 1060

CUSHION
 BAR COLLARS
 OLYMPIC BAR - 180
 OLYMPIC BAR - 220
 MOBILE PARALLELS
 VERTICAL STORAGE 1
 VERTICAL STORAGE 2



RE 5026

REAX LIFT

PRO1 KIT

- 1 RE 1049
- 1 RE 1050
- 1 RE 1051
- 1 RE 1052
- 1 RE 1053
- 1 RE 1054
- 1 RE 1055
- 1 RE 1056
- 1 RE 1057
- 2 RE 1058

LIFT DISCS - 5 KG
 LIFT DISCS - 7,5 KG
 LIFT DISCS - 10 KG
 LIFT DISCS - 15 KG
 LIFT DISCS - 20 KG
 LIFT DISCS - 25 KG
 BUNGEE FOR 5 KG
 BUNGEE FOR 7,5 KG
 BUNGEE FOR 10 KG
 REAX BAR 200



OPTIONAL

- RE 1068
- RE 1069
- RE 1061
- RE 1062
- RE 1059
- RE 1060

CUSHION
 BAR COLLARS
 OLYMPIC BAR - 180
 OLYMPIC BAR - 220
 VERTICAL STORAGE 1
 VERTICAL STORAGE 2



RE 5027

REAX LIFT

PRO2 KIT

- 1 RE 1049
- 1 RE 1050
- 1 RE 1051
- 1 RE 1055
- 1 RE 1056
- 1 RE 1057
- 1 RE 1058

LIFT DISCS - 5 KG
 LIFT DISCS - 7,5 KG
 LIFT DISCS - 10 KG
 BUNGEE FOR 5 KG
 BUNGEE FOR 7,5 KG
 BUNGEE FOR 10 KG
 REAX BAR 200

OPTIONAL

- RE 1068
- RE 1069
- RE 1061
- RE 1062
- RE 1059
- RE 1060

CUSHION
 BAR COLLARS
 OLYMPIC BAR - 180
 OLYMPIC BAR - 220
 VERTICAL STORAGE 1
 VERTICAL STORAGE 2



PROFESSIONAL FIELDS

REAX LIFT is the ideal training partner to reach better results in less time, with a superior sensory and motor experience. It is perfect for training effectively multiple users in many fields with specialized activities.

- PROFESSIONAL SPORT AND TRAINING CENTER
- HIGH PERFORMANCE STUDIO
- SPORT REHAB STUDIO
- MEDICAL FITNESS CENTER
- FITNESS & WELLNESS GYM
- HOTEL & RESORT GYM
- HOME & RESIDENCE GYM
- PERSONAL TRAINING STUDIO
- HEALTH & MEDICAL CENTER
- MUNICIPAL / MILITARY GYM



1 HIGH PERFORMANCE

STRENGTH & CONDITIONING



COACHING ADVANTAGES

Several world class coaches and league champions use Reaxing, as they have seen a clear improvement in their clients performances.

2 SPORT REHAB

PREVENTION & REEDUCATION



PHYSIOTHERAPIST ADVANTAGES

In the medical field, Reaxing can be considered as a new frontier for functional recovery: it opens up to various possibilities that might lead to better results.

3 PROFESSIONAL FITNESS

REACTIVATION & TONIFICATION



TRAINER ADVANTAGES

Trainers can improve and develop their professional skills to reach a higher level using Reaxing.





REAXING AROUND THE WORLD

50 COUNTRIES IN 6 CONTINENTS

- > ITALY
- > UK
- > GERMANY
- > AUSTRIA
- > THE NETHERLANDS
- > BELGIUM
- > FRANCE
- > SPAIN
- > PORTUGAL
- > RUSSIA
- > UKRAINE
- > LATVIA
- > NORWAY
- > FINLAND
- > SWEDEN
- > TURKEY
- > SERBIA
- > CROATIA
- > ROMANIA
- > HUNGARY
- > POLAND
- > SWITZERLAND
- > GREECE
- > CHINA
- > JAPAN
- > HONG KONG
- > SINGAPORE
- > MALAYSIA
- > VIETNAM
- > THAILAND
- > INDIA
- > AUSTRALIA
- > NEW ZEALAND
- > UAE
- > SAUDI ARABIA
- > QATAR
- > KUWAIT
- > ISRAEL
- > IRAN
- > SOUTH AFRICA
- > MOROCCO
- > USA
- > CANADA
- > MEXICO
- > COLOMBIA
- > COSTA RICA
- > PERÙ
- > CHILE
- > BRAZIL
- > ARGENTINA

FIND OUT ON REAXING.COM



WORLDWIDE SUPPORT

MARKETING & TRAINING

REAXING fully supports its partners and their activities to use REAX LIFT PRO in the most productive way. Qualified professionals and trainers have created and developed a wide range of programs, based on the REAXING method and suitable for any professional need.

ON SITE & ON LINE TRAINING

A SPECIFIC TRAINING COURSE AND A DEDICATED VIDEO SECTION INCLUDING TUTORIALS HAVE BEEN CREATED TO HELP PROFESSIONALS EMBRACE THE REAXING METHOD.

EXPERTS SUPPORT

OUR EXPERTS ARE AT YOUR DISPOSAL TO ASSIST YOU WITH ANY TECHNICAL, AND COMMERCIAL REQUEST.

MARKETING

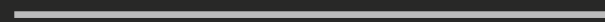
WE ASSIST OUR PARTNERS WITH A SPECIFIC RANGE OF COMMERCIAL AND MARKETING MATERIALS TO ACHIEVE HIGHER REVENUES AND CUSTOMER RETENTION.

CONNECTED ALL OVER THE WORLD

OUR SHOWROOMS ARE AT YOUR DISPOSAL: DEDICATED SPACES FOR OUR PARTNERS, WHERE YOU CAN HAVE A CLEAR VISUAL AND VIRTUAL EXPERIENCE OF OUR PRODUCTS, BUT ALSO THE POSSIBILITY TO VIRTUALLY EXHIBIT OUR PRODUCTS TO YOUR OWN CLIENTS. HIGH QUALITY VIDEOS AND SOUND TO ACHIEVE THE BEST RESULTS FOR OUR CLIENTS. COME AND DISCOVER THE INNOVATIVE WORLD OF REAXING.



REAXING[®]



r e a x i n g . c o m