## Innovative medicine ball with internal dynamic fluid.

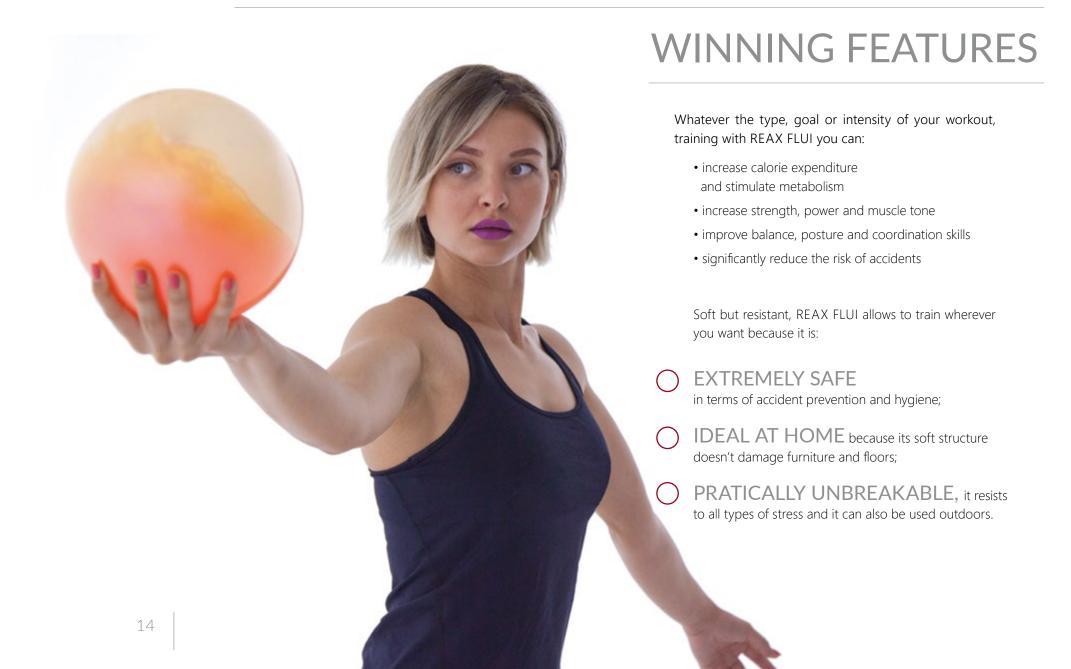
REAX FLUI revolutionizes functional training because it is the only ball in the world with internal fluid that makes it dynamically unstable. More versatile and effective than a traditional ball, it allows countless exercises with a greater calories consumption and greater muscle involvement.

## REAX FLUI

REAX FLUI is more performing, thanks to the movement of the liquid that transforms each exercise into a real neuromuscular training, simple but definitely more effective from a metabolic point of view. The continuous displacement of the liquid mass produces interferences that make each repetition of each exercise different:

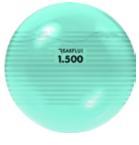
so it requires continuous and unpredictable adaptations. Zero boredom, zero habit: your body responds more efficiently to training as it is stimulated in a different and unpredictable way. The result is a more effective workout at any intensity, also useful for faster functional weight loss because it allows to burn up to 500 kcal per session.





## **REAX FLUI VERSIONS**

Ø 16 - 24 - 28



GREEN 16

0,5 - 0,75 - 1 - 1,25 - 1,5 кG 1, 1 - 1,65 - 2,2 - 2,75 - 3,3 цв



BLUE 24

1 - 2 - 3 - 4 - 5 кG 2,2 - 4,4 - 6,6 - 8,8 - 11 цв



**BRONZE 28** 

6 - 7 - 8 - 9 - 10 кG 13,2 - 15,4 17,6 - 19,8 - 22 цв





Versatile and easy to use, REAX FLUI allows countless exercises of the most various types training: from cardio to toning, from stretching to pilates.



2 - 3 - 4 - 5 - 6 кG 4,4 - 6,6 - 8,8 - 11 - 13,2 lb